

Taste of Bali

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Finger-food

Lumpia daging – spring-rolls with vegetables (3 pcs.)

Calories 504

Total fat 5.3 g

Saturated fat 1.5 g

Cholesterol 55 mg

Sodium 685 mg

Total Carbohydrates 83.8g

Dietary fiber 8.8 g

Total sugars 8.2 g

Protein 31 g

Allergens: gluten, celery

Lumpia sayur – spring-rolls with pork and vegetables (3 pcs.)

Calories 420

Total fat 2 g

Saturated fat 0.4 g

Cholesterol 9 mg

Sodium 675 mg

Total carbs 87g

Dietary fiber 9.8 g

Total sugars 9.8 g

Protein 15.8 g

Allergens: gluten, celery

Vegetarian main dishes

Gado gado – tofu vegetables and peanut sauce

Calories 442

Total fat 5.1 g

Saturated fat 1.1 g

Cholesterol 0 mg

Sodium 82 mg

Total Carbohydrates 79.9g

Dietary fiber 14.3 g

Total sugars 11 g

Protein 23.6 g

Allergens: peanuts

Kolobak sayur – vegetables in sweet and sour sauce

Calories 426

Total fat 1.8 g

Saturated fat 0.3 g

Cholesterol 0 mg

Sodium 1153 mg

Total Carbohydrates 94.8g

Dietary fiber 13.4 g

Total sugars 21.8 g

Protein 14.2 g

Allergens: gluten (tempura flour)

Mie goreng sayur – fried noodles with vegetables

Calories 490

Total fat 3.8 g

Saturated fat 1.9 g

Cholesterol 53 mg

Sodium 928 mg

Total Carbohydrates 91.4g

Dietary fiber 15 g

Total sugars 11 g

Protein 23.1 g

Allergens: gluten, sesame (oil), soy (sauce)

Opor sayur – tofu and vegetable opor + egg

950 calories

Total fat 58.3 g

Saturated fat 45 g

Cholesterol 164 mg

Sodium 132 mg

Total Carbohydrates 91.6g

Dietary fiber 18.3 g

Total sugars 14.1 g

Protein 32.9 g

Allergens: egg (optional), nuts (crushed candlenuts)

Main dishes with meat

Bebek betutu – duck with lemon grass and urap vegetables

Calories 694

Total fat 8.4 g

Saturated fat 0.5 g

Cholesterol 0 mg

Sodium 886 mg

Total carbohydrates 107.3 g

Dietary fiber 9.9 g

total sugars 14.3 g

Protein 49.8 g

Allergens: nuts (crushed walnuts)

Cap Cay – stir fired vegetables with pork

Calories 633

Total fat 22 g

Saturated fat 8.8 g

Cholesterol 0 mg

Sodium 1175 mg

Total Carbohydrates 82.8g

Dietary fiber 14.3 g

total sugars 13.4 g

Protein 30.4 g

Kolobak – tempura pork in sweet and sour sauce

Calories 921

Total fat 33 g

Saturated fat 12 g

Cholesterol 141 mg

Sodium 364 mg

Total Carbohydrates 108.3g

Dietary fiber 14.9 g

total sugars 35.2 g

Protein 54.6 g

Allergens: gluten (tempura flour)

Mie ayam – chicken noodles

Calories 869

Total fat 15.6 g

Saturated fat 4.2 g

Cholesterol 167 mg

Sodium 724 mg

Total Carbohydrates 101.6g

Dietary fiber 6g

total sugars 3.5 g

Protein 71.9 g

Allergens: gluten, nuts (crushed candlenuts)

Mie goreng babi – fried noodles with pork and vegetables

Calories 927

Total fat 44.8 g

Saturated fat 15.2 g

Cholesterol 152 mg

Sodium 3100 mg

Total Carbohydrates 76.1g

Dietary fiber 10.9 g

total sugars 7.5 g

Protein 55.4 g

Allergens: gluten, sesame (oil), soy (sauce)

Nasi ayam – beef stew with urap vegetables

Calories 966

Total fat 30.7 g

Saturated fat 18.7 g

Cholesterol 138 mg

Sodium 130 mg

Total carbohydrates 115.1 g

Dietary fiber 14.2 g

total sugars 26.7 g

Protein 61.3 g

Allergens: nuts (crushed walnuts)

Opor Lebaran – chicken opor

Calories 1076

Total fat 90.9 g

Saturated fat 54.3 g

Cholesterol 361 mg

Sodium 257 mg

Total Carbohydrates 21.9g

Dietary fiber 8.2 g

Total sugars 13.1 g

Protein 52.7 g

Allergens: egg, nuts (crushed hazelnuts)

Sate ayam – chicken skewers with peanut sauce

Calories 1147

Total fat 74.3 g

Saturated fat 18 g

Cholesterol 158 mg

Sodium 520 mg

Total Carbohydrates 82.8g

Dietary fiber 6.7 g

total sugars 22.6 g

Protein 43 g

Allergens: peanuts, nuts (crushed candlenuts)